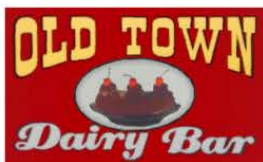


Kari's Heart Foundation



"Inspired by One to Benefit Many"

"Hi, I'm Sophie! I'm 4 years old, an identical twin, and living with stage 3 kidney disease. I love farming with my parents, playing with my sisters, and dancing to music videos. Thanks for supporting KHF—they've helped my family so much, and we're so grateful!"



"Kari's Heart Foundation is grateful to the businesses, churches, and nonprofits whose support helps us care for families with hospitalized children!"



Once a month, eat out for a cause!
Local restaurants give a portion of sales to KHF, so you can treat yourself and help families—win-win!"

Join our Facebook group:
Kari's Heart Foundation Supper Club.

Next Supper Club: 4/29 5-9pm
Five Guys in Johnson City

- Ballad Health
- Barberitos
- Benevolent & Protective Order of Elks
- Bethlehem Lutheran Church
- Biotronik, Inc.
- Christian Faith Ministries
- God's Corner
- Harmony Baptist Church
- Heritage Church of God
- Holston Valley Christian Church
- Longs Bend Baptist Church
- Mahoney's Outfitters
- Monday Club Auxiliary
- Mountain Empire Animal Hospital
- Old Town Dairy Bar
- Louie M & Betty M Phillips Foundation
- Pegram United Methodist Church
- Walmart
- Washington Farmer's Coop
- Wayland Free Will Baptist Church



The Dixons at a KHF Fundraiser

"When we first learned she had Type 1 diabetes... we had no idea that was just the beginning of her medical journey... This foundation [Kari's Heart Foundation] is truly a blessing to families with sick children, providing support, guidance, and hope when it's needed most."

-Kara's mom



KARA



"By the grace of God Winston safely made his early entrance to this world weighing 3lbs 11oz... Thanks to the kindness from Kari's Heart Foundation, our boy was able to have mom and dad right by his side when he needed it the very most. Little Winnie's life has already been so blessed by an abundance of compassion and generosity and for that we could never have enough gratitude..."

-The Steele Family



WINSTON
JEREMIAH



"Caspian is a vibrant 5 month old little boy who was born with a congenital heart condition... He needed his first heart surgery at 3 weeks old...and his second was on April 1. Now he is growing big and strong! We are so grateful for the prayers and support we have received from KHF!"

-Caspian's parents

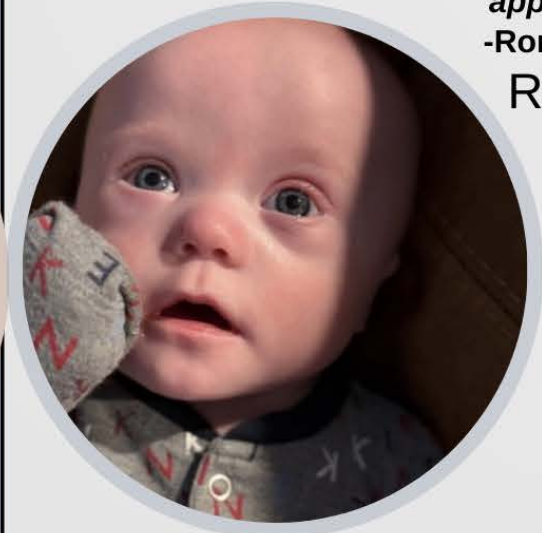
CASPIAN



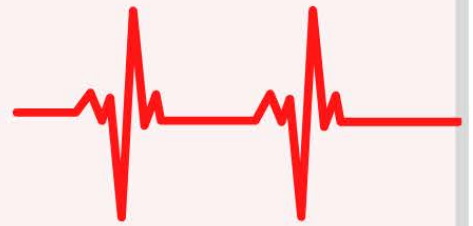
"Roman was born at 34 weeks with Trisomy 21 and an AV Canal heart defect. He had some feeding difficulties which landed us a 52 day NICU stay. Due to the contributions of Kari's Heart Foundation and many other donors and non profits, we were able to stay close to our boy the entire time. We are so appreciative!!"

-Roman's mom

ROMAN



Critical Kare Campaign



Wow—what a year!

Thanks to the incredible generosity of people and businesses like you, 2024 was our biggest year yet at Kari's Heart Foundation! Because of your support, we were able to help 277 families navigating the challenges of having a hospitalized child.

Now we're in 2025 with full hearts and big hopes—it's already shaping up to be even better! From all of us at KHF: thank you for standing by these families when they need it most. We love and appreciate you more than words can say.

God bless,
Jeff and Jennifer Schoondyke



Yes! I would like to contribute to
Kari's Heart Foundation's Critical Kare Campaign!

Name _____

Email _____

Address _____

_____ \$2500 _____ \$1000 _____ \$500 _____ \$100

_____ \$50 _____ \$5, I'd like to buy someone a cup of coffee

_____ Other _____ I'd like my donation to be _____ in honor or

_____ in memory of _____

To whom may we send notification? _____

(Please list email or mailing address.)

KARI'S HEART FOUNDATION'S 2024 IMPACT

\$39,035 - Meals

\$18,265 - Karing Bags

\$22,040 - Housing

\$27,237 - Transportation

\$7,945 - Toys

\$19,605 - Miscellaneous

RJ



Meet RJ—a bright, fun-loving boy from Gray, TN who's full of personality! He adores books, Mickey Mouse, gardening, video games, and especially Halloween. While SMA limits his mobility, RJ's life is filled with love, laughter, and support from family, friends, and his care team. His room is a treasure trove of cards, crafts, and kindness. Kari's Heart Foundation is proud to be part of RJ's journey in Gray, Johnson City and as he travels to Knoxville for treatment.

Josiah is pure energy and joy! He loves sports, superheroes, and hide-and-seek—and his smile lights up the KHF office every time he visits. Diagnosed with spina bifida before birth, Josiah was connected with Kari's Heart Foundation early on, and we've been honored to walk alongside him ever since. He and his amazing mom travel to Vanderbilt for care every few months, and we're so proud to be part of their journey.

JOSIAH



HOLSTON



"Holston was diagnosed with spina bifida at his anatomy scan while in utero which resulted in his family relocating to Cincinnati to receive fetal surgery and continued care into his NICU stay. Since then his family has traveled 16 times and counting two states away to receive care. We have been blessed to have Kari's Heart always there with open arms in times of need of prayer and support and that is something we are ever grateful for!"

-Holston's mom-



MATTHEW MENDEZ
2/17/24-1/2/25

Forever in
Our Hearts



WYATT BRICE
5/25/22-7/1/24



DANIEL LANE
12/22/24-3/16/25



CHARLIE CONNER, JR.
12/2/23-1/3/25



CINTHIA ROSAS MADRIGAL
6/1/09-8/11/24

UPCOMING EVENTS

4/29 - Supper Club, 5-9pm Five Guys, Johnson City

7/1-8/13 - Critical Kare Campaign

TBA in Aug. - Dairy for Kari Old Town Dairy Bar, Jonesborough

Month of Oct. - Kars for Kari American & Import, Johnson City

11/6-11/8 - KHF Ultimate Online Auction



Be a hero! KHF is collecting exciting items for our Ultimate Online Auction this November—think trips, tickets, gift cards, and unique finds!

**Want to donate? Contact
jennifer@karisheartfoundation.org
 or call 423-913-1171.**

Thank you for making a difference!

Thank you to all who donated to Kari's Heart Foundation's 2024 Ultimate Online Auction!

Ageless Integrative Medicine and Laser Skincare
 Appalachian Stars Gymnastics
 Applebees
 Auntie Ruth's Donuts & Pretzels
 B&B Package
 Backstage Coffee Company
 Ballard & Kind Chiropractic
 Barberitos
 Bass Pro Shops
 Beautiful Tans
 Bob Evans
 Braeden's BBQ
 Brothers That Just Do Gutters
 Buff City Soap
 Buff City Soap Kingsport
 Buttermilk Sky Pie Shop
 Call Family Distillery
 Carnegie Hotel
 Carrabba's
 Cheddar's
 Chili's
 The Chop House
 Chuck E. Cheese
 Colonial Heights Pharmacy and Gifts
 Cootie Brown's
 Cornucopia Gourmet Popcorn
 Cosmetic Laser Skin Care
 David Clapp The Art of Photography
 Decorum Salon
 Dempsey's Jewelers
 Dent Worx
 Doe River Gorge Ministries

Doug's Super Wash
 Duck Donuts
 The Escape Game
 Evergreen
 Family Eyecare Center
 Farmasi
 Firestone Complete Auto Care
 Flawless Medicine
 Freddy's Frozen Custard & Steakburgers
 Fresh Market
 Gellyball of East TN
 Glenrochie Country Club
 Grand Home Furnishings
 Great American Cookies
 Hamilton Meats
 Hamrick's
 Hayworth Tire and Auto Center
 Holiday Inn, Vanderbilt
 Holiday Lanes
 Honeybaked Ham Co.
 Ideal Auto Detail
 Impossibilities Magic
 La Carreta
 Lamp Light Theatre & The Emporium
 Little Cake
 Longhorn Steakhouse
 Magnolia Soap and Bath Co.
 Marquee Cinemas
 Mattress Outlet
 Mauk's of Jonesborough
 Mellow Mushroom
 Mountain Harvest Retreat
 Nashville Predators Foundation

A New Leaf Clothing Store
 Nick's Restaurant
 Now or Never Gallery
 Ober Mountain
 Olive Garden
 Outback Steakhouse
 Paradise Acres
 Petro's Chili & Chips
 Pizza Plus
 Plunder Jewelry
 Poblanos
 Posh Spa and Salon
 Raffaele's
 Red Lobster
 Robins on Roan
 Skin Fitness Essentials
 Snap On Tools
 Stanley's Produce & Bakery
 Stir Fry Restaurant Group
 Sturgill Orthodontics
 Sweet Blessings Boutique
 Tennessee Titians
 Texas Burrito
 The Good Feet Store
 Toyota of Kingsport
 Tri Cities Golf Club
 Tropical Smoothie Cafe
 Underground Fitness
 Walk-On's Sports Bistreaux
 Wallabies
 Dr. Bo Westmoreland
 Zaxby's



JAZE & JAXON

Jaze and Jaxon were born with significant health issues which created the need for extensive medical treatment. Travel expenses were overwhelming for this family when a social worker reached out to Kari's Heart .

"We are so thankful to y'all for all the help you blessed us with for the boys. Thank you for showing such grace...."

-Jaze and Jaxon's mom

**Buy a cup
of coffee
for a KHF
parent**



When you're a parent with a child in the hospital, the nights can feel endlessly long. Sounds of alarms echo through your room and others nearby. Your child calls out for comfort, and you're left trying to rest in an unfamiliar environment. In the morning a cup of coffee becomes a much-needed solace to face the day ahead.

Kari's Heart Foundation regularly gives hospital cafeteria gift cards and Visa gift cards to families for coffee, meals or snacks. Your donation of just a few dollars can buy a cup of coffee for a worn out, anxious parent. Donate any amount on our website: www.karisheartfoundation.org and make a difference today!



Twins Hunter and Luke traveled to Vanderbilt in February where they both had surgery and then six weeks of physical therapy.

"The help from the foundation was just a blessing. It helped us with gas and food. God has been with us through it all and I know He will continue to be..."

-Hunter's and Luke's mom

Helping local families of hospitalized children since 2008

LUKE & HUNTER www.karisheartfoundation.org